

COACHING CERTIFICATION

NATIONAL ACADEMY OF SPORTS MEDICINE (NASM)

PERFORMANCE ENHANCEMENT SPECIALIST

NATIONAL SPORTS PERFORMANCE ASSOCIATION (NSPA)

WEIGHTLIFTING PERFORMANCE COACH

USA VOLLEYBALL (USAV)

MASTER INSTRUCTOR

CAP III

INTERNATIONAL YOUTH CONDITIONING ASSOCIATION (IYCA)

OLYMPIC LIFTS INSTRUCTOR

KETTLEBELL ATHLETICS

KETTLEBELL INSTRUCTOR LEVEL TWO

ASSOCIATIONS/COMMISSIONS

USA VOLLEYBALL SPORTS MEDICINE AND PERFORMANCE COMMISSION